



TRINITY WEEKLY

Holy Trinity Parish Weekly News

23rd February 2020

Seventh Sunday in Ordinary Time/A

Pastor's Desk 23rd February 2020 - Seventh Sunday in Ordinary Time/A

What Should I Do for Lent this Year? Pope Francis' 10 Tips

Next Wednesday is Ash Wednesday. Mass will be at 10:00 and ashes will be distributed at Mass. Ash Wednesday, while not a Holy Day of Obligation **it is a day of fast and abstinence.**

What should I do for Lent? Well, who better to pick for as **your Lenten spiritual director** than **Pope Francis?**

Here are 10 of his best tips:

1. Get rid of the lazy addiction that keep us from God

"[Lent] is a 'powerful' season, a turning point that can foster change and conversion in each of us. **Lent helps us to leave behind old habits of sin that deceives and ensnares us.**" –

2. Do something that costs

"Lent is a time for self-denial; we should ask ourselves what we can give up in order to really help others by our self-denial. No self-denial is real without this dimension of penance.

3. Don't remain indifferent

"Indifference to our neighbour and to God represents a real temptation for us Christians." Think of others, think of God - not ourselves–

4. Pray: Make our hearts like yours!

"During this Lent, then, brothers and sisters, let us all ask the Lord: **'Make our hearts like yours'** In this way we will receive a heart which is not closed or indifferent" –

5. Take part in the sacraments

"Lent is a time for letting Christ serve us so that we in turn may become more like him. This happens whenever we hear the word of God and receive the sacraments, especially the Eucharist. Go to Mass more often if you can.

6. Prayer

"In the face of so many things that hurt us and harden us and make us indifferent, **we are called to prayer**, especially during Lent. In prayer we come close to God

7. Fasting

" **"We must be careful not to practice fasting because it makes us feel good about ourselves.** Fasting makes sense if it questions our security, and if it also leads to some benefit for others,

8. Almsgiving

"Almsgiving helps us to experience giving freely, of sharing our blessings with others."

9. Help the Poor

"In the poor and outcast we see Christ's face; by loving and helping the poor, we love and serve Christ."

10. Evangelize

"The Lord asks us to be heralds of his love and mercy - to our brothers and sisters experiencing darkness." –

You probably won't be able to take huge steps forward in all of these areas. Instead, pick a couple that stand out to you and try to find practical ways to grow in your love of God and your love of your neighbour. Which one of Pope Francis' tips sticks out to you the most?

Fr. Gerry. C.

Mass Intentions for the Coming Week

Date	Time	Name
Saturday 22nd (Vigil Mass)	6.30pm	Charley Cooper, Eddie Daly, Ita Daniels & the Daniels family, Thomas Cope, John & Elizabeth & son Stephen
Sunday 23rd	9.30am	Tom Grimes (B/R)
	11.30am	James Harrison, Michael Keogh
Monday 24th	10.00am	-
Tuesday 25th	10.00am	Philip Gorman
Ash Wednesday 26th	10.00am	-
Thursday 27th	10.00am	-
Friday 28th	10.00am	-
Pray Also:		-



The Pope, The Word and The World: Navan Road parish will host a special retreat during Lent around the theme “**How we will spend time with the Word of God, as the Pope interprets it in Laudato Si’**”, in Our Lady Help of Christians, Navan Road in the Pastoral Centre, Navan Road, (Beside the Church) facilitated by Céline Mangan, O.P. The discussion will focus on how to see what the Bible has to say to us on the whole environmental question. Takes place on the following **Mondays at 7.30pm each evening, 2nd, 9th, 23rd & 30th March.**

This novena prayer may be said at any time, but especially in the nine days leading up to the Feast of the Holy Face on Shrove Tuesday - i.e. starting 2 Sundays before the start of Lent. **Holy Face Devotion is approved by the Vatican.**

DAILY PREPARATORY PRAYER

O Most Holy and Blessed Trinity, through the intercession of Holy Mary, whose soul was pierced through by a sword of sorrow at the sight of the passion of her Divine Son, we ask your help in making a perfect Novena of reparation with Jesus, united with all His sorrows, love and total abandonment. We now implore all the Angels and Saints to intercede for us as we pray this Holy Novena to the Most Holy Face of Jesus and for the glory of the most Holy Trinity, Father, Son and Holy Spirit. Amen. **(start Novena)**



Holy Trinity, St. Pauls, St Monicas & St Benedicts Parishes



**Pilgrimage to Fatima and Estoril
29th September 2020 – 7 nights
Cost: €859.00 per person sharing**



(Includes flights, accommodation and all transfers etc)

4 nights **Fatima** – Hotel Cinquentenario

Full Board in Fatima

3 nights **Estoril** – Hotel Eden

Half Board in Estoril

Spiritual Director: Fr. Gerry Corcoran

For bookings or further details please contact: Tel: **01 847 9822**



Handbags and Gladrags - Mid-Sutton Community Centre on Sunday 1st May 2020 from 10.00am to 1pm. All donations of good as new handbags, clothes, scarves, shoes and jewellery may be left into the centre before **Wednesday 26th of February.** Any enquiries contact **Anna Reilly @ 0871389351**

Ministers of the Word

The rota for the **Ministers of the Word** is now ready for collection from the **Sacristy Corridor.**



Helping Hand Pilgrimage to Lourdes 2020

The Annual Helping Hand Pilgrimage to Lourdes this year is from **8th June to the 13th June.** It is for five night's full board at the Hotel Padoue and the cost is €755. Single room supplement of €180 per person applies.

For more information please contact :

Sr. Margaret - 086-8359276, Brigid Ryan – 8475305,

Alice Kennerney – 8476176, Thelma Curtis - 8473260,

Betty Loakman - 4411375, Breda Mahon - 8475373.

Our Helping Hand Tickets are now on sale from all ticket sellers. The top prize is €1,000 and all proceeds go towards bringing pilgrims to the Shrine in Lourdes. Tickets can be purchased from your usual seller or any of the committee members. Sincere thanks to our ticket sellers for their help as without this help, we would not be able to hold such a draw.



The Parish Team

Fr. Gerry Corcoran Mod., PP	847 4652	frgerry@holytrinityparish.ie
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Fr. Matthias Jjooga., C.C.	085 8006810	
Deacon Gerard Reilly	847 9822	deacongerardreilly@gmail.com
Sr. Margaret Davis F.M.M.	847 0591	mdmgtDavis@gmail.com
Sr. Mary Dunne F.M.M.	847 0591	fmmdunnemary@gmail.com
Parish Office (9.30am - 12.30pm)	847 9822	info@holytrinityparish.ie
Parish Emergency Mobile:	086 835 9276	



Social Media Why not keep up to date with developments in the parish by finding us and following us on your smart phone or tablet.



Confessions: *Saturday evening before Mass: from 5.50pm—6.20pm.*

Baptisms: 2nd & 4th Saturday of each month at 12noon. At the time of booking, a **Civil copy of the child's Birth Certificate** must be presented, and a Letter of Permission where relevant.

Marriages: By Appointment with the Local Clergy.

Cert Requests: Minimum 24hr notice required. Request form available online from parish website: www.holytrinityparish.ie

PRAYER FOR THE SICK

Father God, we lift up all those who are facing illness today. We ask that You would bring healing, comfort and peace to their bodies. Calm their fears and let them experience the healing power of Your love. In Jesus' name. Amen.

Weekly Mass Times

Weekdays:	10.00a.m.
Wednesdays:	<i>Service of the Word</i>
Saturday Vigil:	6.30p.m.
(Choir)	
Sunday:	9.30a.m. 11.30a.m.

Family Offering 2020

If you would like to contribute to the Family Offering Collection, either by a weekly/monthly **Family Offering Envelope** or by a **Standing Order**, please contact the Parish Office on 8479822 or download the Form from our website

